



# The Power of Your Inner Game: How to Dramatically Change Your Life in 7 Days

*Shafondra Matthews*

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Thank you for visiting this page to learn more about The Power of Your Inner Game: How to Dramatically Change Your Life in 7 Days. Just as a token of appreciation, please visit <http://innergamebreakthrough.com/free-gift> to receive your special gift. -Are you stuck or struggling in one or more areas of your life? -Do you have goals that you just haven't been able to achieve? -Are you frustrated because you haven't been getting what you want out of life? -Have you ever wondered what it truly takes to live a happy and successful life? The Power of Your Inner Game is a simple, how-to guide to achieving anything you want in your life. This is not your typical self-help book. The way to achieve your goals, success and happiness is not what you think. Shafondra Matthews, once a classic Type A overachiever, reveals the one final piece—what it really takes to get from where you are to where you want to be in life. The author provides a powerful framework to change your life. She takes you on a journey of self-discovery. Shafondra also intertwines stories of her own personal struggles to overcome fear, low self-esteem, being overweight, and depression. Inside this life-changing guide you will discover:

- Why cleaning your home can change your life
- How a childhood activity can help you create the best vision for your life
- Why you shouldn't set dates for your goals
- The importance of JARS and how to release what's inside
- The real secret of success and happiness
- Why you should get rid of your "hand me downs"
- An addictive habit that you must break
- The single, most powerful technique for mastering your emotions
- The kryptonite of success
- Why your affirmations don't work
- How to detect and remove toxic waste from your life
- What your path to success and happiness really looks like

Are you ready to access your hidden power to change your life? Scroll Up and Grab Your Copy Now! Begin your path of personal freedom and happiness today!

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