



What to Eat During Cancer Treatment: 100 Great-Tasting, Family-Friendly Recipes to Help You Cope

Jeanne Besser, Kristina Ratley, Sheri Knecht, Michele Szafranski

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This cookbook contains 100 fast, flavorful recipes to help both patient and caregiver prepare satisfying meals to combat some of the side effects of treatment. Recipes are organized by side effects and include Brie and Apple Grilled Cheese to deal with nausea, Lemon Egg-Drop Soup for diarrhea, Blueberry-Peach Crisp for constipation, a Sherbet Shake for sore mouth, and Honey-Teriyaki Salmon for taste alterations.

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