



Your Soul's Gift eChapters - Chapter 13: Mental Illness: Healing the Power of the Life You Planned Before You Were Born

Robert Schwartz

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This eChapter contains the Prologue, Preface, Introduction, Chapter 1: Healing, and Chapter 13: Mental Illness from Robert Schwartz's bestselling book, *Your Soul's Gift: The Healing Power of the Life You Planned Before You Were Born*. (It contains 100 pages from the full book, which is 528 pages.)

All 13 chapters from the full book are available as stand-alone eChapters so that you may read about the spiritual meaning and purpose of just the specific challenges in your life and the lives of those you love. These eChapters help you understand why we as souls plan before birth to experience a particular challenge and how to heal from it. A complete list of all the eChapters is below. You may find the eChapters on Amazon by searching for "Your Soul's Gift eChapters" (without the quote marks).

From the back cover of the full book:

In his groundbreaking first book, *Your Soul's Plan*, Robert Schwartz brought the idea of pre-birth planning into the mainstream. Now, his brilliant sequel *Your Soul's Gift: The Healing Power of the Life You Planned Before You Were Born* delves even deeper by exploring the pre-birth planning of spiritual awakening, miscarriage and abortion, caregiving, abusive relationships, sexuality, incest, adoption, poverty, suicide, rape, and mental illness. There's also a chapter about the pre-birth planning we do with our future pets. Working with a team of gifted mediums, Schwartz brings forth great love and wisdom from the other side to explain why such experiences are planned and the deep, soul-level healing they can create.

Through the stories in *Your Soul's Gift* you can:

- Develop greater self-love as you become aware of the tremendous courage it takes for you to plan a life on Earth and to live the life you planned
- Emerge from victim consciousness to know yourself as the powerful creator of your life
- Forgive those who have hurt you and create a lasting inner peace
- See profound purpose in experiences that once appeared to be meaningless suffering
- Develop a heartfelt knowing of your infinite worth, beauty, magnificence, and sacredness as an eternal soul.

Endorsements

"This book is an incredible guide map to your soul and the various jewels stored inside it. Read this to reconnect with your TRUE SELF".

--James Van Praagh, author of *Growing Up in Heaven*

"Robert Schwartz offers deep wisdom into the purpose of our lives. He explains life and karma with clarity and elegance."

--Arielle Ford, author of *The Soulmate Secret*

"I was deeply impressed by *Your Soul's Gift*. This is a fine discussion of one of the great mysteries of existence: To what degree do we plan our lives before we are born? Robert Schwartz offers a profound spiritual analysis of some of life's most difficult crises and turning points. This book is well worth reading for its novel and surprising insights into the difficulties most of us face in life."

--Raymond Moody, MD, PhD, author of *Life After Life*

"In *Your Soul's Gift* Robert Schwartz expands the boundaries of our existence."

—Larry Dossey, MD, author of *The Power of Premonitions*

"An extraordinary book."

—Pim van Lommel, cardiologist, author of *Consciousness Beyond Life*

About the Author

Robert Schwartz is a hypnotherapist who offers Past Life and Between Lives Soul Regressions to help people heal and understand their life purpose. For more information visit him online at www.yoursoulsplan.com.

The following eChapters from *Your Soul's Gift* are available on Amazon. (eChapters 2-13 all contain Chapter 1.)

Ch. 1: Healing

Ch. 2: Spiritual Awakening

Ch. 3: Miscarriage and Abortion

Ch. 4: Caregiving

Ch. 5: Pets

Ch. 6: Abusive Relationships

Ch. 7: Sexuality

Ch. 8: Incest

Ch. 9: Adoption

Ch. 10: Poverty

Ch. 11: Suicide

Ch. 12: Rape

Ch. 13: Mental Illness

In addition, the following eChapters from *Your Soul's Plan* are available on Amazon:

Ch. 2: Physical Illness

Ch. 3: Parenting Handicapped Children

Ch. 5: Drug Addiction and Alcoholism

Ch. 6: Death of a Loved One

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From reader reviews:

Matthew Segal:

The book Your Soul's Gift eChapters - Chapter 13: Mental Illness: Healing the Power of the Life You Planned Before You Were Born will bring that you the new experience of reading a book. The author style to spell out the idea is very unique. In the event you try to find new book to study, this book very suitable to you. The book Your Soul's Gift eChapters - Chapter 13: Mental Illness: Healing the Power of the Life You Planned Before You Were Born is much recommended to you to study. You can also get the e-book through the official web site, so you can easier to read the book.

Daniel Rhoads:

Spent a free a chance to be fun activity to do! A lot of people spent their spare time with their family, or their friends. Usually they performing activity like watching television, planning to beach, or picnic inside the park. They actually doing same thing every week. Do you feel it? Do you want to something different to fill your free time/ holiday? Might be reading a book could be option to fill your free time/ holiday. The first thing that you will ask may be what kinds of guide that you should read. If you want to test look for book, may be the reserve untitled Your Soul's Gift eChapters - Chapter 13: Mental Illness: Healing the Power of the Life You Planned Before You Were Born can be good book to read. May be it could be best activity to you.

Elizabeth Talbot:

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