



5 Ingredients 15 Minutes Prep Time Slow Cooker Cookbook

Maria Holmes

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This cookbook was written for you: The busy professional who's moving at the speed of light, craves a comforting home-cooked meal, and doesn't want to spend his or her life in the kitchen. Each of these 40 recipes requires 15 minutes or less of prep time and absolutely no acrobatics. If you can chop an onion and twist a can opener, you can make these dishes. The recipes include nutrition data, and most include serving tips. In this cookbook, you will discover 40 recipes for delicious home-cooked meals that only require 5 ingredients (PLUS OPTIONAL INGREDIENTS AND A FEW STAPLES COMMONLY FOUND IN A WELL STOCKED KITCHEN, SUCH AS SALT, PEPPER, WATER, COOKING SPRAY, MUSTARD, KETCHUP, SUGAR, VINEGAR, COMMON SPICES, ECT...) 15 minutes (or less) of prep time and 1 turn of a switch. Your slow cooker takes quick and easy meals to a whole new level. At the end of the day, what you want to do is put your feet up and rest. But what you need to do is get dinner on the table. Now you can do both! With 5 ingredients 15 Minutes of Prep Time Slow Cooker Cookbook: Quick & Easy Set It & Forget It Recipes, just toss in a few ingredients into your slow cooker in the morning before going to work, and a delicious, hot dinner will be ready for you when you get home. Thousands of busy home cooks rely on Maria Holmes' recipes because they are family friendly, are simple to put together, and taste terrific. Now there's a new cookbook in the Maria Holmes' collection that makes your life even easier! Imagine coming home to an elegant Roast Beef with Mixed Fruit and Chipotle Sauce or Chicken a la King. What about sitting at the dinner table after a long day at work and enjoying a melt in your mouth serving of Potatoes au Gratin. With 40 recipes to choose from, you will have many quick and delicious meal ideas. Most take less than 15 minutes to prepare because all you have to do is pull 5 ingredients out of your pantry, fridge or freezer. So get ready to discover all the tasty simmered-in flavors of slow cooking. *** PLEASE NOTE THAT THERE ARE NO PHOTOS IN THIS BOOK ***

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Mark Ames:

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