



# Atchison Blue: A Search for Silence, a Spiritual Home, and a Living Faith

*Judith Valente*

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## **Atchison Blue: A Search for Silence, a Spiritual Home, and a Living Faith** Judith Valente

In this meditative spiritual memoir, Judith Valente, celebrated PBS religion journalist and celebrated poet, invites readers along on her transformative pilgrimages to Mount St. Scholastica monastery in Atchison, Kansas. The Benedictine sisters who invited Valente presented her with a view of monastic life and wisdom that brought spiritual healing to her fast-paced life--and promises to do the same for her readers.

The first time Judith Valente arrived at Mount St. Scholastica monastery, she came prepared to teach a course on poetry and the soul. Instead, she found herself the student, taking lessons from the Benedictine sisters in the healing nature of silence, how to cultivate habits of mindful living, and the freeing reality that conversion is a lifelong process.

With the heart of a poet and the eye of a journalist, she tells how her many visits and interviews with the Benedictine sisters forced her to confront aspects of her own life that needed healing--a journey that will invite readers to healing of their own. A beautiful and heartfelt work that crosses *The Cloister Walk* with *Tuesdays with Morrie*, *Atchison Blue* will resonate with readers of Thomas Merton, Henri Nouwen, Mary Gordon, and Anne Lamott.

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A lot of people always spent their particular free time to vacation or even go to the outside with them family or their friend. Were you aware? Many a lot of people spent that they free time just watching TV, as well as playing video games all day long. If you want to try to find a new activity this is look different you can read a new book. It is really fun for yourself. If you enjoy the book that you read you can spent 24 hours a day to reading a e-book. The book Atchison Blue: A Search for Silence, a Spiritual Home, and a Living Faith it is very good to read. There are a lot of individuals who recommended this book. These people were enjoying reading this book. In case you did not have enough space to develop this book you can buy the particular e-book. You can m0ore effortlessly to read this book from your smart phone. The price is not to fund but this book provides high quality.

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People live in this new moment of lifestyle always try and and must have the extra time or they will get great deal of stress from both way of life and work. So , once we ask do people have time, we will say absolutely without a doubt. People is human not really a robot. Then we ask again, what kind of activity do you possess when the spare time coming to anyone of course your answer can unlimited right. Then ever try this one, reading publications. It can be your alternative in spending your spare time, the actual book you have read is actually Atchison Blue: A Search for Silence, a Spiritual Home, and a Living Faith.

#### **Eunice Huynh:**

Reading can called thoughts hangout, why? Because while you are reading a book specially book entitled Atchison Blue: A Search for Silence, a Spiritual Home, and a Living Faith the mind will drift away trough every dimension, wandering in most aspect that maybe mysterious for but surely can become your mind friends. Imaging each word written in a publication then become one form conclusion and explanation that will maybe you never get previous to. The Atchison Blue: A Search for Silence, a Spiritual Home, and a Living Faith giving you yet another experience more than blown away the mind but also giving you useful facts for your better life on this era. So now let us explain to you the relaxing pattern is your body and mind is going to be pleased when you are finished looking at it, like winning a casino game. Do you want to try this extraordinary wasting spare time activity?

#### **Louise O'Neill:**

As a university student exactly feel bored for you to reading. If their teacher requested them to go to the library or make summary for some book, they are complained. Just small students that has reading's internal or real their hobby. They just do what the teacher want, like asked to the library. They go to at this time there but nothing reading significantly. Any students feel that reading is not important, boring and also can't see colorful photographs on there. Yeah, it is for being complicated. Book is very important for yourself. As we

know that on this period of time, many ways to get whatever you want. Likewise word says, ways to reach Chinese's country. Therefore , this Atchison Blue: A Search for Silence, a Spiritual Home, and a Living Faith can make you feel more interested to read.

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