



# Case Studies in Relational Research: Case Studies for Counselling and Psychotherapy

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## **Case Studies in Relational Research: Case Studies for Counselling and Psychotherapy** Del Loewenthal

The increasing professionalization of counseling and psychotherapy has fueled a need for students and practitioners to learn how to carry out research. This distinctive new book enables readers to learn these much needed skills through its use of project based/case study approach, allowing the reader to learn through the context of real situations. Each of the main qualitative research methods, including discourse analysis; grounded theory; phenomenology; feminist research and focus groups, are discussed, and attention is also given to such aspects as evidence based practice and conducting research in a postmodern world. With additional chapters on research processes, a chapter focusing on the students' experience of learning about therapeutic research using this approach, and a final chapter exploring the place of therapeutic research in counseling and psychotherapeutic practice, this book will be an invaluable guide for students and practitioners of psychotherapy and counseling to learn how to carry out research.

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