



# Depression after Childbirth: How to Recognise, Treat, and Prevent Postnatal Depression

*Katherina Dalton*

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**Depression after Childbirth: How to Recognise, Treat, and Prevent Postnatal Depression** Katherina Dalton

Depression after Childbirth is the classic text on postnatal depression, one that countless women have found invaluable in helping them understand and cope with this devastating disorder. Now in print for over 20 years, and in its 4th edition, the text has been extensively updated and includes many new chapters drawing on the latest scientific findings.

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