



Practical Crystal Healing: 555 Tips & Techniques For Teenagers

Nicole Lanning

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Practical Crystal Healing 555 Tips & Techniques For Teenagers is a fun and easy step by step guidebook for all teenagers out there to help them heal all areas of their life through the power of crystal healing. Teenage years are hard enough to deal with, so why make things more complicated. Easy and simple methods are given for every tip and technique working with crystal healing to help heal physical issues, emotional strife, mental confusion, spiritual growth, and much more. It is all about owning your life and understanding that we are all different and unique. The 555 Tips & Techniques are where the real heart of this book lies, ranging from abandonment issues through yin/yang energy balancing and literally everything in-between, including acne problems, puberty issues, heartbreak, finding yourself, parental issues and much more. Crystals are around us every day and we can often overlook their healing abilities, but now the opportunity is right in front of you to take control and have the life you have always wanted. What will you do with it?

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