



**Diet Books Box Set: Low Carb Diet Cookbook &  
Low Carb Diet To Go: HIGHEST VALUE WITH  
OVER 60 DELICIOUS RECIPES!!! (Low Carb  
Diet And Weight Loss)**

*Karen Green*

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# **Diet Books Box Set: Low Carb Diet Cookbook & Low Carb Diet To Go: HIGHEST VALUE WITH OVER 60 DELICIOUS RECIPES!!! (Low Carb Diet And Weight Loss)**

*Karen Green*

**Diet Books Box Set: Low Carb Diet Cookbook & Low Carb Diet To Go: HIGHEST VALUE WITH OVER 60 DELICIOUS RECIPES!!! (Low Carb Diet And Weight Loss) Karen Green**

This box set includes:

## **Low Carb Diet Cookbook: Quick And Easy Low Carb Recipes For Extreme Weight Loss**

**Discover the best cookbook on low carb diet recipes that are tasty, easy to prepare and will make you effortlessly lose weight.**

Let's be honest, there are a lot of low carb diet cookbooks out there and if you are checking this one, then you have probably bought other books. You are most likely familiar with the basics of a low carb diet and what you're really looking for is practical recipes and new ideas to add to your everyday cooking.

You want delicious recipes that are quick and easy, and that will make you feel better while achieving your weight loss goals. The good news is that a healthy and low carb diet that helps you lose weight naturally doesn't have to be complicated, flavorless or boring. And that is precisely why I wrote this book.

Here is a preview of what you will get in this book:

- **Breakfast recipes:** Eggs With Yogurt, Spinach And Chili Oil, Hazelnut Chocolate Protein Waffles, Special Flax Bread With Eggs.
- **Lunch recipes:** Easy Chicken Salad, Dijon Broccoli Chicken, Chicken With Lemon And Asparagus.
- **Dinner recipes:** Spinach With Almond And Lemon Crusted Fish, Smoked Turkey Breast, Chicken And Asparagus With Indian Spice.
- **Dessert recipes:** Ricotta Crème, Chocolate Swirl Cheesecake Bites, Easy Vanilla Danish.

## **Low Carb Diet To Go: Healthy And Delicious Under 30 Minutes Low Carb Diet Recipes That Will Make You Lose Fat And Look Amazing**

**Are you busy with NOT much time to cook, but still want to eat luscious low carb meals that will help you lose weight and feel great?**

If so, then I can help you.

I know how it's like not having enough time cook or just feeling tired and not wanting to cook for long time

because I have been there many times. So I felt inspired to write a cookbook that doesn't not only help you with that, but you can also cook wonderful dinners in less than 30 minutes while achieving your weight loss goals.

With Low Carb Diet To Go, you really can make quick, delicious and healthy low carb meals that will finally help you lose that belly fat, feel amazing and make your family happy!

Here are just a few of the delicious low carb meals on the go for you:

- **Breakfast recipes** French Scrambled Eggs, Veggie Salted Frittata, Baked Eggs with Bacon and Cheddar, Low Carb Migas.
- **Main course recipes** Low Carb Chicken With Tonnato Sauce, Quick Low Carb Miso, Onion And Cheese Pork Chops, Low Carb Chicken Fajitas.
- **Soups and Salads recipes** Low Carb Mushroom Soup, Broccoli Cheddar Soup, Low Carb Spicy Tofu, Low Carb Avgolemeno.
- **Snacks and Appetizers recipes** Asian Low Carb Kebabs, Zucchini and Mushroom Sauté, Avocado, Swiss Cheese And Ham Roll Ups.

**So what are you waiting for? Go up and buy your copy of “The Low Carb Diet Cookbook & Low Carb Diet To Go Box Set” right now!. You will see how delicious these easy to prepare recipes are, you will start losing fat and start feeling amazing!**

**You'll be happy you did!**

Tags: Low Carb, Low Carb Slow Cooker, Weight Loss, Low Carb Cookbook, Low Carb Diet, Fast Low Carb, Low Carb Lifestyle, Low Carb Foods, Low Carb Meals, Low Carb Gluten Free, Low Carb for Beginners, Fat Loss Diet, Low Carbs, Low Carb Recipes, Losing Weight, Weight Loss Diet, Lose Weight, Fat Loss Diet, Low Carb Keto, Low Carb Recipes For Weight Loss, Low Carb Eating, Low Carb Low Fat, Low Carb Living, Low Carb Cookbook, Low Carb Crockpot Recipes, Low Carb Slow Cooker Cookbook

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**Beatrice Pearson:**

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