



Build Your Own Earth Oven: A Low-Cost, Wood-Fired Mud Oven; Simple Sourdough Bread; Perfect Loaves

Kiko Denzer

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teachers who want a multi-faceted, experiential project for students of all ages (the book has been successful with everyone from third-graders to adults).

Build Your Own Earth Oven is fully illustrated with step-by-step directions, including how to tend the fire, and how to make perfect sourdough hearth loaves in the artisan tradition. The average do-it-yourselfer with a few tools and a scrap pile can build an oven for free, or close to it. Otherwise, \$30 should cover all your materials--less than the price of a fancy "baking stone." Good building soil is often right in your back yard, under your feet. Build the simplest oven in a day! With a bit more time and imagination, you can make a permanent foundation and a fire-breathing dragon-oven or any other shape you can dream up.

Earth ovens are familiar to many that have seen a southwestern "horno" or a European "bee-hive" oven. The idea (pioneered by Egyptian bakers in the second millennium bc!) is simplicity itself: fill the oven with wood, light a fire, and let it burn down to ashes. The dense, 3- to 12-inch-thick earthen walls hold and store the heat of the fire, the baker sweeps the floor clean, and the hot oven walls radiate steady, intense heat for hours.

Home bakers who can't afford a fancy, steam-injected bread oven will be delighted to find that a simple earth oven can produce loaves to equal the fanciest "artisan" bakery. It also makes delicious roast meats, cakes, pies, pizzas, and other creations. Pizza cooks to perfection in three minutes or less. Vegetables, herbs, and potatoes drizzled with olive oil roast up in minutes for a simple, elegant, and delicious meal. Efficient cooks will find the residual heat useful for slow-baked dishes, and even for drying surplus produce, or incubating homemade yogurt.

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Deborah Browning:A lot of people always spent their particular free time to vacation or go to the outside with them household or their friend. Are you aware? Many a lot of people spent that they free time just watching TV, or maybe playing video games all day long. If you want to try to find a new activity that is look different you can read some sort of book. It is really fun for you. If you enjoy the book that you simply read you can spent all day every day to reading a guide. The book Build Your Own Earth Oven: A Low-Cost, Wood-Fired Mud Oven; Simple Sourdough Bread; Perfect Loaves it doesn't matter what good to read. There are a lot of people who recommended this book. We were holding enjoying reading this book. If you did not have enough space to create this book you can buy often the e-book. You can m0ore quickly to read this book through your smart phone. The price is not very costly but this book offers high quality.

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