



Thug Kitchen: The Official Cookbook: Eat Like You Give a F*ck

Thug Kitchen

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#1 New York Times Bestseller

Thug Kitchen started their wildly popular web site to inspire people to eat some Goddamn vegetables and adopt a healthier lifestyle. Beloved by Gwyneth Paltrow ("This might be my favorite thing ever") and named *Saveur's* Best New Food blog of 2013--with half a million Facebook fans and counting--Thug Kitchen wants to show everyone how to take charge of their plates and cook up some real f*cking food.

Yeah, plenty of blogs and cookbooks preach about how to eat more kale, why ginger fights inflammation, and how to cook with microgreens and nettles. But they are dull or pretentious as hell--and most people can't afford the hype.

Thug Kitchen lives in the real world. In their first cookbook, they're throwing down more than 100 vegan recipes for their best-loved meals, snacks, and sides for beginning cooks to home chefs. (Roasted Beer and Lime Cauliflower Tacos? Pumpkin Chili? Grilled Peach Salsa? Believe that sh*t.) Plus they're going to arm you with all the info and techniques you need to shop on a budget and go and kick a bunch of ass on your own.

This book is an invitation to everyone who wants to do better to elevate their kitchen game. No more ketchup and pizza counting as vegetables. No more drive-thru lines. No more avoiding the produce corner of the supermarket. Sh*t is about to get real.

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Rebecca Morales:

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Gary Ackley:

The reason? Because this Thug Kitchen: The Official Cookbook: Eat Like You Give a F*ck is an unordinary book that the inside of the book waiting for you to snap that but latter it will zap you with the secret this inside. Reading this book next to it was fantastic author who all write the book in such remarkable way makes the content inside of easier to understand, entertaining way but still convey the meaning entirely. So , it is good for you for not hesitating having this any more or you going to regret it. This amazing book will give you a lot of gains than the other book include such as help improving your expertise and your critical thinking way. So , still want to hesitate having that book? If I have been you I will go to the publication store hurriedly.

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