



You Might As Well Laugh: Surviving the Joys of Parenthood

Sandi Khan Shelton

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When it comes to surviving the joys of parenthood, take Sandi Kahn Shelton's advice: *You Might As Well Laugh*. In this hilarious collection of essays and columns, Shelton offers humor as the best therapy for postmodern parenting. From lost keys and broken appliances, to chicken pox and outrageous homework assignments, this working mother of three explores the everyday quirks and joys of fast-paced family life with wit and candor. Hailed as a young Erma Bombeck, Shelton has a knack for finding the absurd details that can wreak havoc on a household. Her wide-eyed, embracing style has made her the number one humor columnist among working mothers all over the country. Shelton has been writing her "Wit's End" column for *Working Mother* magazine since 1989 and her weekly column in the *New Haven Register* since 1987.

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