



Tarot for Your Self: A Workbook for Personal Transformation

Mary K. Greer

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Originally published in 1984, this classic is the first book to explore and promote the concept of reading the cards for personal insight-for yourself-with detailed instructions how to do so. The exercises can be enjoyed by an individual or shared with others, making it a popular text for classes and study groups. It uses meditations, rituals, spreads, mandalas, visualizations, dialogues, charts, affirmations, and other activities to help you establish your own relationship with the cards. It offers the best in traditional knowledge and know-how. Learn the many variations of three card spreads and ways of moving around the cards in the Celtic Cross Spread to get far more information than you thought possible. Use Mary Greer's powerful "breakthrough process" with all your readings to turn them into truly transformative experiences.

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