



**The 40 Best Quick and Easy Juice Recipes: - for
Better Health, Weight Loss and Delight (The
Personal Detox Coach's Simple Guides to healthy
Living Series Book 2)**

Jem Friar

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This is a simple guide to juicing which can be used for improving health, losing weight or just for providing new and inspired juice recipes for those who would like new juice ideas.

An easy to read guide with 40 healthy and delicious fruit and vegetable juice recipes.

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