



Don't Waste Your Time in the Canadian Rockies: The Opinionated Hiking Guide

Copeland, Craig and Kathy

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The Rockies are so vast, with so many trails, you need a guidebook that truly guides. Counsels you about each trail. Advises you where to hike, where not to hike, and explains why. Ensures you invest your precious hiking days wisely, for maximum reward. *Don't Waste Your Time* does this and more.

Don't Waste Your Time is a lively, stimulating departure from the dull-guidebook tradition. It dazzles with 560 colour photos, and a graphic, easy-to-read map for each hike. And this meticulous, 677-page opus is now ultralight gear. Take only the trail directions with you, leave the rest behind. Average trail weight: 67 grams (2.4 oz) per hike. Finally, a hiking guidebook fit for adventure, not just the armchair.

Each of the 145 trips in *Don't Waste Your Time* is rated Premier, Outstanding, Worthwhile, or Don't Do. The book covers Banff, Jasper, Kootenay, Yoho, and Waterton Lakes national parks, plus Mt. Robson and Mt. Assiniboine provincial parks. It includes 84 dayhikes, 41 backpack trips, and 20 shoulder-season trips.

A guidebook is essential hiking gear. Shouldn't it be ultralight? Yes, so you can pack it with you on the trail. That's why the all new, Ultralight Gear, 7th Edition of *Don't Waste Your Time in the Canadian Rockies* allows you to take pages, not the whole book. It comes in a zip-open, hardshell case (24 x 16.5 x 6.4 cm). The *Opinion* book contains all the trip descriptions, and most of the photos. Use it at home, in the car, at the trailhead. It provides everything you need to know to choose your next hike. It's also a trove of inspiration when you're between trips. But leave it behind when you go hiking. The nine *Fact* booklets contain the trail directions, including the maps. Pack the one booklet you need, so you can refer to it while hiking. The booklets average trail weight is seriously ultralight: a mere 67 grams (2.4 oz) per hike, so you can always have this essential piece of gear with you in the backcountry.

Each *Fact* booklet is much lighter than any smartphone, tablet or eReader. Not restricted by battery life, the booklets never need recharging, and never die. They won't break if dropped. Flipping back-and-forth to compare hikes is easy. Photos are impressively big. Text is easy on the eyes.

To accurately represent one of the world's most exciting mountain ranges, shouldn't a guidebook itself excite? Yes. So the all new, Ultralight Gear, 7th Edition of *Don't Waste Your Time* does just that. It tells you about each trail as would a very experienced friend: honestly, specifically, colorfully. With intelligence and humor. With insight and emotion. With your needs at heart. As a result, *Don't Waste Your Time* illuminates each trail, empowering you to choose the optimal one for your interests, ability and mood. It offers discerning advice that can boost a day on the trail from *hmm* to *Wow!* The entire book is such a compelling read that you can turn to it anytime for a motivating reminder of why you love to hike.

And whenever you are on the trail, you'll find the *By Vehicle* and *On Foot* directions in *Don't Waste Your Time* are carefully crafted precise, clear, complete ensuring you spend your weekend or vacation striding instead of searching.

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