



Vegan on the Cheap

Robin Robertson

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You don't have to blow your budget to eat great meatless and dairy-free meals every day.

With *Vegan on the Cheap*, you can enjoy delicious vegan meals every day of the week. Veteran food writer and vegan authority Robin Robertson provides 150 mouth-watering, exciting recipes that cost just 50 cents to \$2 per serving-hefty savings to go with hearty vegan meals.

This book presents great options for savory soups and stews, satisfying salads, hearty noodle dishes, first-class casseroles, favorites for the slow cooker, and meatless and dairy-free recipes for classics like pizza, burgers, and sandwiches. Plus, there's even a chapter for desserts to satisfy every sweet tooth. Throughout the book, smart tips and creative ideas help you save money by cooking in bulk, prepping meals in advance, and finding tasty ways to reuse leftovers.

Includes 150 money-saving recipes for delicious vegan meals like Walnut-Dusted Fettuccine with Caramelized Vegetables and Fresh Pear Galette

Written by renowned vegan and vegetarian expert and food writer Robin Robertson, author of 1,000 Vegan Recipes Features cost-per-serving icons that highlight the cost of each affordable dish

Packed with affordable recipes and money-saving tips, this is the ultimate resource for every vegan kitchen.

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Belinda Timmer:

Do you have favorite book? For those who have, what is your favorite's book? Reserve is very important thing for us to find out everything in the world. Each reserve has different aim or goal; it means that book has different type. Some people really feel enjoy to spend their time and energy to read a book. They can be reading whatever they get because their hobby is actually reading a book. Think about the person who don't like looking at a book? Sometime, person feel need book if they found difficult problem as well as exercise. Well, probably you will require this Vegan on the Cheap.

Janet Maldonado:

Reading a guide tends to be new life style in this particular era globalization. With studying you can get a lot of information that will give you benefit in your life. Along with book everyone in this world may share their idea. Books can also inspire a lot of people. Lots of author can inspire their own reader with their story or even their experience. Not only the story that share in the ebooks. But also they write about the information about something that you need example of this. How to get the good score toefl, or how to teach your sons or daughters, there are many kinds of book which exist now. The authors these days always try to improve their ability in writing, they also doing some investigation before they write to their book. One of them is this Vegan on the Cheap.

Joan McCorkle:

The reserve with title Vegan on the Cheap possesses a lot of information that you can learn it. You can get a lot of advantage after read this book. This book exist new expertise the information that exist in this e-book represented the condition of the world currently. That is important to yo7u to learn how the improvement of the world. This specific book will bring you throughout new era of the internationalization. You can read the e-book on your own smart phone, so you can read it anywhere you want.

Delores Villarreal:

A lot of people always spent their own free time to vacation as well as go to the outside with them household or their friend. Did you know? Many a lot of people spent they free time just watching TV, or maybe playing video games all day long. If you want to try to find a new activity that's look different you can read a new book. It is really fun to suit your needs. If you enjoy the book that you read you can spent the entire day to reading a guide. The book Vegan on the Cheap it is very good to read. There are a lot of those who recommended this book. These folks were enjoying reading this book. In case you did not have enough space to bring this book you can buy the actual e-book. You can m0ore quickly to read this book from a smart phone. The price is not to fund but this book provides high quality.

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